



Enrichment Programme (Senior School)

(This document is available on the school website or on request)

Reviewed September 2017

Enrichment Programme for Years 7-10

Aim:

To provide a stimulating, challenging and meaningful Enrichment Programme that enables students to develop and encourages them to live a responsible and fulfilling life.

Structure:

The Enrichment Programme will develop QEH students in the following areas:

- Personal Development – to equip students with the knowledge and awareness to mature as young men, with a particular focus on the challenges they face in the modern world.
- Mental Wellbeing – to encourage students to develop mindfulness and resilience, by broadening their awareness of mental health issues and enabling students to assess their own mental wellbeing.
- Physical Wellbeing – to educate students on the importance of a healthy diet and regular exercise, and to test their teamwork and leadership in physically challenging environments.
- Creativity and Innovation – to challenge and develop each student's ability to think critically and creatively, and to promote the importance of curiosity and problem-solving.

Each year group will spend several weeks on each of the four topics, and each topic will be centrally administered to ensure a meaningful progression over the four year programme. During the second Summer Half Term, students in Year 12 will join the Enrichment Programme and all students will opt into one of a number of activities.

Progress:

Throughout the year students will be awarded 'Enrichment Merits' in recognition of their contribution to the programme. Pupils will also use the Record of Achievement to track their involvement in the programme and collate their extra-curricular achievements, both within and beyond the programme.

Health and Safety:

A Risk Assessment was completed by the Head of Enrichment, through discussions with the Deputy Head (Pastoral) and the Health and Safety Officer.